

## **Guidelines for Authors**

### **Monographs and Contributions to Multi-Author Volumes**

#### **1. Submission**

Your text should be submitted as a Word file.

If your file contains non-Latin characters, phonetic symbols, etc., they should be embedded in the document; you also need to generate a pdf file with all such characters clearly visible and submit it along with your Word file.

#### **2. Information about the author and the text**

Your submission (monograph/article in a multi author volume) needs to include the following elements and information about the author and the text:

- (a) name and surname;
- (b) affiliation: institution, city (in the language of the text);
- (c) e-mail address to be made publicly available;
- (d) title of the work in the language of the text;
- (e) text (with footnotes);
- (f) bibliography;
- (g) title of the work in English;
- (h) abstract in English and in the language of the text (up to 1,000 characters);
- (i) keywords in English and in the language of the text (up to eight);
- (j) illustrations (see below) with captions including sources; alternatively, full information about source details can appear on the list of illustrations.

#### **3. Elements of the text**

- (a) title/subtitle and headings/subheads – use bold type;
- (b) if you want to distinguish a word – use italic or other features used for the purpose in the language of the text or in the field of study your text belongs;
- (c) titles of works – use italic when your text is in Polish; titles of journals and newspapers – use quotation marks when your text is in Polish; when writing in languages other than Polish, follow a generally accepted style in the language of the text;

- (d) footnotes – use consecutive numbering within each chapter/article;
- (e) titles of publications, works of art, films, etc. in the text – when mentioned for the first time, use original title in italic, followed by translation into the language of the text in square brackets in roman type (not italic);
- (f) use a full stop to separate the title from the subtitle (in all languages);
- (g) titles of texts in English and English versions of titles (used in abstracts) – use title case (capitalise all words except articles, prepositions and conjunctions);
- (h) keywords – separate your keywords using semicolons; in English – use the form Keywords: (spelled as one word and followed by a colon);
- (i) when referring to a range: years, centuries, pages, etc. – use a dash, e.g. 1987–1999; XV–XVII, pp. 23–27;
- (j) dates – in Polish: do not use abbreviations: r. and w. – write in full: rok, wiek; in English: spell out “nineteenth century” (not 19th c.) but use 1800s; use the style 31 January 1986, not 31st January or January 31;
- (k) abbreviations – do not use a colon after such abbreviations as np., por. (in Polish); do not use a comma or a colon after e.g. or i.e. (in English);
- (l) websites mentioned in the text – use http:// or https:// in Web addresses.

#### **4. Illustrations, maps, charts, figures, tables**

- (a) all tables, illustrations, maps and other graphic elements should be described consistently in captions;
- (b) all captions should appear below illustrations and other graphic elements (except tables) and include information about the source in the form agreed between the author/publisher and the copyright holder;
- (c) for tables, the title should appear above, and the source – below the table;
- (d) the text should include a list of illustrations/maps/charts with information about their origin (source or the name of the author).

#### **5. Quotations**

- (a) integrated quotations (i.e. those run on in the text) – use quotation marks as generally accepted in the language of the text; in English texts – use double quotation marks first and single quotation marks for quoted matter within a

quotation (if required); when quoting a word or incomplete sentence, place punctuation outside the quotation;

- (b) block quotations (also known as extracted quotations) – quotations longer than forty words (in English: fifty words) should appear as separate paragraphs written in smaller size font, indented from the left and indented with a space above and below; no quotation marks;
- (c) quotations from interviews or texts of oral tradition should appear as block quotations (see above) written in italic; no quotation marks;
- (d) quotations should be followed by references in brackets – (the author’s surname, date of publication, page number), e.g. (Wilson, 1987, p. 22), (Wilson & Gordon, 1980, pp. 22–25);
- (e) to indicate content omitted from a quotation – use an ellipsis (three unspaced full stops) in square brackets: [...];
- (f) citations and bibliography – follow the APA style (7th edition, more information: <https://apastyle.apa.org/style-grammar-guidelines/references/>).

## 6. References

- (a) When referring to the literature, use the appropriate variants in brackets: single author’s entries by date: (Wilson, 1943), (Wilson, 1999a, 1999b); when there is no date: (American Psychological Association, n.d.), (Zhou, n.d., 2000, 2016, in press); in the alphabetical order of the authors’ surnames: (Mańkowski, 1889; Wilson, 1943); two authors: (Wilson & Mańkowski, 2000).
- (b) When there are three or more authors, in the reference list the name of the first one adding “et al.”: (Wilson et al., 1978), except when the same author appears in the first place in several entries from the same year, e.g.  
(Kapoor, Bloom, Montez, Warner, & Hill, 2017)  
(Kapoor, Bloom, Zucker, Tang, Koroglu, L’Enfant, Kim, & Daly, 2017)  
It would be confusing to shorten both items to (Kapoor et al., 2017), so cite these items accordingly:  
(Kapoor, Bloom, Montez, et al., 2017)  
(Kapoor, Bloom, Zucker, et al., 2017)
- (c) If more authors have the same surname, enter the initials (J. Wilson, 1999; K.

- Wilson, 1998), but it applies only to the authors of single-authored publications (or co-authors mentioned in the first place in multi-author publications).
- (d) To introduce a reference to an additional literature, use “cf.” or “see” (in the language of the text) in brackets with a reference: (cf. Douglas, 1998; Wilson, 1988); (see also Douglas, 1998, pp. 12–19).
  - (e) A reference containing a quotation from a secondary source should be introduced with the indication (in the language of the text): (J. Nowacki, *Spuścizna niewygodna*, *Kurier Polski*, 19.12.1899; as cited in Świdziński, 2009, p. 25).
  - (f) In APA 7 we do not use abbreviations op. cit., Ibidem, ibid., Ibid.

## 7. Bibliography

The rules for editing a bibliography according to the APA style (7th edition):

<https://apastyle.apa.org/style-grammar-guidelines/references/>

- (a) We use the following abbreviations in texts in Polish:

redaktor: Red.

tłumacz: Tłum.

strona: s.

strony (pierwsza i ostatnia strona dokumentu): ss.

W pracy zbiorowej pod redakcją, po kropce: W

tom: T.

część: Cz.

i inni: i in.

wydanie: wyd.

brak daty: b.d.

- (b) Abbreviations in English:

editor: Ed., editors: Eds.

Translator(s): Trans.

page: p.

pages (first and last page): pp.

in an edited volume: In

volume: Vol.

Part: Pt.

et alii, et aliae [and others]: et al.

edition: ed.

revised edition: Rev. ed.

no date: n.d.

(c) In texts written in other languages we use analogical abbreviations in the language of the text.

(d) In the bibliography we use the alphabetical order:

- if there are several works by the same author in the bibliography, they should be arranged according to the year of publication from the earliest;

- if there are several works by one author published in the same year, arrange them alphabetically by title and add a letter after the year, e.g. 1920a, 1920b.

(e) We add a DOI number, if the publication has one – DOI numbers can be found at <https://doi.crossref.org/simpleTextQuery>. DOI format: <https://doi.org/...>

(f) Authors are asked to provide bibliographic entries in non-Latin alphabets in their original and transliterated versions according to the standards adopted by the Library of Congress for specific languages:

<http://www.loc.gov/catdir/cpsol/roman.html>

In the transliterated version of the bibliography we always use elements such as “In”, “Eds.”, “Trans.”, etc. in English regardless of the language of the text.

## BIBLIOGRAPHIC ENTRIES (BASIC RULES)

### BOOKS

**One author:** Author, A. A. (Year). *Title* (Edition if other than first). Publisher. <https://doi.org/...>

**More than one author:** Author, A. A., & Author, B. B. (Year). *Title* (Edition if other than first). Publisher. <https://doi.org/...>

**Edited books:** Editor, A. A., & Editor, B. B. (Eds.). (Year). *Title* (Edition if other than first). Publisher. <https://doi.org/...>

**Translated books:** Author, A. A. (Year). *Title* (A. A. Translator, Trans.; Edition if other than first). Publisher. <https://doi.org/...>

**Books in a series: do not include the title of the series in the bibliography.**

**For titles in English, use sentence case capitalisation: capitalise only the first word of the title/subtitle and words which are proper names.**

**Examples:**

- Wilson, J. (1943). *Badania nad rolnictwem w Polsce*. Wydawnictwo Uniwersyteckie.
- Madigan, S. (2019). *Narrative therapy* (2nd ed.). American Psychological Association. <https://doi.org/10.1037/0000131-000>
- Hardt, M., & Negri, A. (2005). *Imperium* (S. Ślusarski & A. Kołbaniuk, Trans.). Wydawnictwo W.A.B.
- Markowski, M. P., & Nycz, R. (Eds.). (2012). *Kulturowa teoria literatury: Główne pojęcia i problemy*. Towarzystwo Autorów i Wydawców Prac Naukowych „Universitas”.
- Fiske, S. T., Gilbert, D. T., & Lindzey, G. (2010). *Handbook of social psychology* (5th ed., Vol. 1). John Wiley & Sons. <https://doi.org/10.1002/9780470561119>
- Travis, C. B., & White, J. W. (Eds.). (2018). *APA handbook of the psychology of women: Vol. 1. History, theory, and battlegrounds*. American Psychological Association. <https://doi.org/10.1037/0000059-000>
- Piaget, J., & Inhelder, B. (1969). *The psychology of the child* (H. Weaver, Trans.; 2nd ed.). Basic Books. (Original work published 1966).

**ARTICLE OR CHAPTER IN AN EDITED BOOK**

Author, A. A. (Year). Title. In A. A. Editor & B. B Editor (Eds.), *Book title* (Edition if other than first, pp. x–y). Publisher. <https://doi.org/...> or <https://xxxxx...>

**Examples:**

- Wilson, J. (1999). Uprawa ziemniaka w PRL. In A. Mańkowski (Ed.), *Rolnictwo w Polsce* (pp. 223–278). Wydawnictwo Poznańskie.
- Hintikka, J. (1989). Exploring possible worlds. In A. Sture (Ed.), *Possible worlds in humanities, arts and sciences: Proceedings of Nobel Symposium 65* (pp. 52–73). Mouton de Gruyter. <https://doi.org/10.1515/9783110866858.52>

- Эмерсон, К. (2011). Литературные теории 1920-х годов: Четыре направления и один практикум. In Е. Добренко & Г. Тиханова (Eds.), *История русской литературной критики: Советская и постсоветская эпохи* (pp. 207–247). Новое литературное обозрение.

**Transliteration:** Emerson, K. (2011). Literaturnye teorii 1920-kh godov: Chetyre napravleniia i odin praktikum. In E. Dobrenko & G. Tikhanova (Eds.), *Istoriia russkoĭ literaturnoi kritiki: Sovetskaia i postsovetskaia èpokhi* (pp. 207–247). Novoe literaturnoe obozrenie.

#### ARTICLE IN A SCIENTIFIC JOURNAL

Author, A. A. (Year). Title of the article. *Name of the Journal*, Volume Number(Issue Number), page numbers. <https://doi.org/...> or <https://xxxxx...>

#### Examples:

- Płucienniczak, P. (2019). Examining the boundaries of contemporary art: An exploratory study of institutional critique in Poland 1990–2015. *Colloquia Humanistica*, 2019(8), 187–202. <https://doi.org/10.11649/ch.2019.012>
- Wilens, T. E., & Biederman, J. (2006). Alcohol, drugs, and attention-deficit/hyperactivity disorder: A model for the study of addictions in youth. *Journal of Psychopharmacology*, 20(4), 580–588. <https://doi.org/10.1177/0269881105058776>
- Arakji, R. Y., & Lang, K. R. (2008). Avatar business value analysis: A method for the evaluation of business value creation in virtual commerce. *Journal of Electronic Commerce Research*, 9, 207–218. <http://www.csulb.edu/journals/jecr/>

**If an article has a number instead of page numbers, we indicate the number, e.g.**

- Mazurkiewicz-Sułkowska, J. (2020). Formy wyrażające modalność imperceptywną w bułgarskich i polskich tekstach prasowych oraz na portalach informacyjnych. *Adeptus*, 2020(16), Article 2218. <https://doi.org/10.11649/a.2218>

#### REPORT

**With names of authors:** Author, A. A., & Author, B. B. (Year). *Title of report*. Name of the publishing institution. <https://doi.org/...> or <https://xxxxx...>

**Group:** Name of the group/institution. (Year). *Title of report*. <https://doi.org/...> or <https://xxxxx...>

**Examples:**

- Gromada, A., Budacz, D., Kawalerowicz, J., & Walewska, A. (2015). *Marne szanse na awanse? Raport z badania na temat obecności kobiet na uczelniach artystycznych w Polsce*. Katarzyna Kozyra Foundation. <https://nck.pl/badania/raporty/marne-szanse-na-awanse-raport-z-badania-na-temat-obecnosci-kobiet-na-uczelniach-/>
- Australian Government Productivity Commission & New Zealand Productivity Commission. (2012). *Strengthening trans-Tasman economic relations*. <https://www.pc.gov.au/inquiries/completed/australia-new-zealand/report/trans-tasman.pdf>

**ARTICLE IN PRESS (DAILY JOURNALS)**

**Printed:** Author, A. A. (Year, Month Day). Title of the article. *Name of the Journal*, page numbers.

**Online:** Author, A. A. (Year, Month Day). Title of the article. *Name of the Journal*. <https://xxxxx...>

**Examples:**

- Hess, A. (2019, January 3). Cats who take direction. *The New York Times*, C1.
- Get on board for train safety. (2012, June 17). *Toronto Star*, A14.
- Guarino, B. (2017, December 4). How will humanity react to alien life? Psychologists have some predictions. *The Washington Post*. <https://www.washingtonpost.com/news/speaking-of-science/wp/2017/12/04/how-will-humanity-react-to-alien-life-psychologists-have-some-predictions>

**ARTICLE IN PRESS (MAGAZINES)**

**Printed:** Author, A. A. (year, Month day). Title of the article. *Name of the Journal*. Volume Number(Issue Number), page numbers. <https://doi.org/...>



**Online:** Author, A. A. (year, Month day). Title of the article. *Name of the Journal*.  
<https://doi.org/...> or <https://xxxxx...>

**Examples:**

- Weir, K. (2017, January). Forgiveness can improve mental and physical health. *Monitor on Psychology*, 48(1), 30.
- Bergeson, S. (2019, January 4). Really cool neutral plasmas. *Science*, 363(6422), 33–34. <https://doi.org/10.1126/science.aau7988>

**ARTICLES FROM A WEBSITE**

**With author:** Author, A. A. (year, Month day). Title of the article. Site name. <http://...>

**Without author:** Title of the article. (year, Month day). Site name. <http://...>

**Examples:**

- Avramova, N. (2019, January 3). *The secret to a long, happy, healthy life? Think age-positive*. CNN. <https://www.cnn.com/2019/01/03/health/respect-toward-elderly-leads-to-long-life-intl/index.html>
- *Rzecznik MZ apeluje o niewykupowanie leków na zapas. „Panuje epidemia paniki, nie koronawirusa”*. (2020, March 2). *Gazeta.pl*. <https://wiadomosci.gazeta.pl/wiadomosci/7,114883,25749274,rzecznik-mz-apeluje-o-niewykupowanie-lekow-na-zapas-panuje.html>
- Centers for Disease Control and Prevention. (2018, January 23). *People at high risk of developing flu-related complications*. [https://www.cdc.gov/flu/about/disease/high\\_risk.htm](https://www.cdc.gov/flu/about/disease/high_risk.htm)

**ONLINE DICTIONARY/ENCYCLOPEDIA**

**Dictionary/Encyclopedia:** Name of the Publisher. (Year). Title of dictionary/encyclopedia (edition). Retrieved Month day, year, from <https://...>

**Entry in a dictionary/encyclopedia:** Name of the Publisher. (Year). Title of entry. In Title of dictionary/encyclopedia (edition). Retrieved Month day, year, from <https://...>

**With author:** Author, A. A. (Year). Title of entry. In B. B. Editor & C. C. Editor (Eds.), Title of dictionary/encyclopedia (edition). Retrieved Month day, year, from <https://...>

### **Examples:**

- American Psychological Association. (n.d.). *APA dictionary of psychology*. Retrieved June 14, 2019, from <https://dictionary.apa.org/>
- Merriam-Webster. (n.d.). *Merriam-Webster.com dictionary*. Retrieved May 5, 2019, from <https://www.merriam-webster.com/>
- American Psychological Association. (n.d.). Positive transference. In *APA dictionary of psychology*. Retrieved August 31, 2019, from <https://dictionary.apa.org/positive-transference>

### **MASTER’S OR DOCTORAL DISSERTATIONS**

**Unpublished:** Author, A. A. (Year). *Title* [Unpublished doctoral/master’s dissertation]. Academic Institution.

**Published:** Author, A. A. (Year). *Title* (Number in database) [Type of dissertation, Academic Institution]. Name of database. <https://...>

### **Examples:**

- Harris, L. (2014). *Instructional leadership perceptions and practices of elementary school leaders* [Unpublished doctoral dissertation]. University of Virginia.
- Hollander, M. M. (2017). *Resistance to authority: Methodological innovations and new lessons from the Milgram experiment* (Publication No. 10289373) [Doctoral dissertation, University of Wisconsin-Madison]. ProQuest Dissertations and Theses Global.
- Hutcheson, V. H. (2012). *Dealing with dual differences: Social coping strategies of gifted and lesbian, gay, bisexual, transgender, and queer adolescents* [Master’s dissertation, The College of William & Mary]. William & Mary Digital Archive. <https://digitalarchive.wm.edu/bitstream/handle/10288/16594/HutchesonVirginia2012.pdf>

### **REVIEW**

**Printed:** Reviewer, A. A. (year, Month day). Title of review [Review of the book *Book title*, by A. A. Author] / [Review of the movie *Movie title*, dir. A. A. Director]. *Journal title*, volume(issue), page numbers.

**Online:** Reviewer, A. A. (year, Month day). Title of review [Review of the book *Book title*, by A. A. Author]. / [Review of the movie *Movie title*, dir. A. A. Director]. *Journal title*, volume(issue). <https://...>

**Examples:**

- Santos, F. (2019, January 11). Reframing refugee children's stories [Review of the book *We are displaced: My journey and stories from refugee girls around the world*, M. Yousafzai]. *The New York Times*. <https://nyti.ms/2Hlgjk3>
- Maślowska, E. (2020). Aleksandra Niewiara, *Imagologia – pamięć zbiorowa – umysł i kultura*, Wydawnictwo Uniwersytetu Śląskiego, Katowice 2019, 320 ss. [Book review]. *Studia z Filologii Polskiej i Słowiańskiej*, 55, Article 2324. <https://doi.org/10.11649/sfps.2324>

**VIDEO (YOUTUBE, VIMEO, ETC.)**

Name of channel / Author, A. A. (year, Month day). Title [Video]. Name of the platform / production company. <http://...>

**Examples:**

Cutts, S. (2017, November 24). *Happiness* [Video]. Vimeo. <https://vimeo.com/244405542>

Fogarty, M. [Grammar Girl]. (2016, September 30). *How to diagram a sentence (absolute basics)* [Video]. YouTube. <https://youtu.be/deiEY5Yqlql>

Kino i architektura bis. (2020, March 1). *Nazywam się Orson Welles, dokument lektor pl 2015* [Video]. YouTube. <https://www.youtube.com/watch?v=WC72QjzFP1s>

**TWITTER**

**Tweet:** Author A. A. / Name of Institution / User [@nick]. (year, Month day). Title [Tweet]. Twitter. <https://twitter.com/...>

**Profile:** Author A. A. / Name of Institution / User [@nick]. (year, Month day). Tweets [Twitter profile]. Twitter. Retrieved Month day, year, from <https://twitter.com/...>

**Examples:**

Badlands National Park [@BadlandsNP5]. (2018, February 26). *Biologists have identified more than 400 different plant species growing in @BadlandsNPS #DYK #biodiversity* [Tweet]. Twitter. <https://twitter.com/BadlandsNPS/status/968196500412133379>

APA Style [@APA\_Style]. (n.d.). *Tweets* [Twitter profile]. Twitter. Retrieved November 2, from [https://twitter.com/APA\\_Style](https://twitter.com/APA_Style)

**Provide the first 20 words of the tweet as the title, in italics. Count a URL, a hashtag or an emoji as one word each, and include them in the reference if they fall within the first 20 words. Do not italicise emojis.**

The format used for Twitter is also used for Instagram and TikTok.

### **FACEBOOK**

**Post:** Author, A. A. (year, Month day). *Title* [Information about photo] / [Post type]. Facebook. <https://www.facebook.com/...>

**Provide the first 20 words of the post as the title. Count a URL or other link, a hashtag or an emoji as one word each, and include them in the reference if they fall within the first 20 words. Do not italicise emojis.**

**Page:** Author. A. A. / Name of the page (n.d.). *Home* [Facebook page]. Facebook. Retrieved Month day, year, from <https://www.facebook.com/...>

#### **Examples:**

- Gaiman, N. (2018, March 22). *100,000+ Rohingya refugees could be at serious risk during Bangladesh's monsoon season. My fellow UNHCR Goodwill Ambassador Cate Blanchett is* [Photo Included] [Status update]. Facebook. <http://bit.ly/2JQxPAD>
- News From Science. (2018, June 26). *These frogs walk instead of hop:* <https://scim.ag/2KlriwH> [Video]. Facebook. <https://www.facebook.com/ScienceNOW/videos/10155508587605108/>
- Korporacja Ha!art. (n.d.). *Home* [Facebook page]. Facebook. Retrieved March 1, 2020, from <https://tiny.pl/tvkgw>

### **FILM**

Director, A. (Director). (year). *Title* [Film]. Production company.

#### **Example:**

- Domalewski, P. (Director). (2017). *Cicha noc* [Film]. Stowarzyszenie Filmowców Polskich Studio Munka.

### **TV PRODUCTIONS**

**TV Series/Programme:** Producer, A., Producer, B., & Producer, C. (Producers). (year–year). *Title* [TV series/programme]. Production company.

**Episode:** Director, A. (Director). (year, Month day). Title (Season number, Episode number) [TV series episode]. In A. Producer, B. Producer, & C. Producer (Producers). (year–year). *Title*. Production company.

#### **Examples:**

- Simon, D., Colesberry, R. F., & Kostroff Noble, N. (Producers). (2002–2008). *The wire* [TV series]. Blown Deadline Productions; HBO.
- Skonieczny, K. (Director). (2018, October 3). Episode 3 (Season 1, Episode 3) [TV series]. In A. Root (Producer), *Ślepnąc od świateł*. HBO.